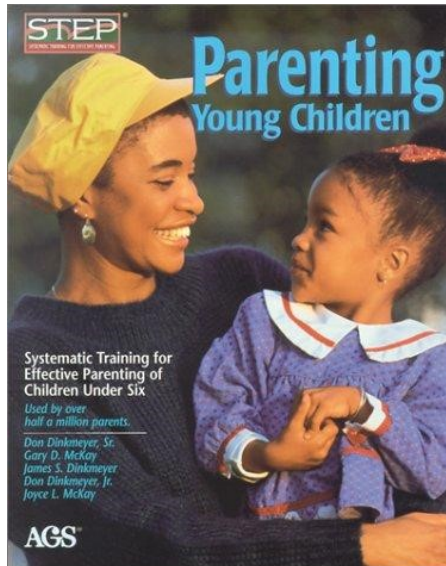


Shepherd of the Hill Preschool Invites You To:

STEP:

Systematic Training for Effective Parenting



The STEP Program helps parents of young children raise cooperative, responsible, confident kids from the start. The program provides a framework for understanding young children's ever changing needs, capabilities, development, and behavior. Discussions and activities make session times flexible - running between 1-2 hours each. For parents of children birth through 6.

Topics Include: (Seven Sessions)

- *1 Understanding Young Children
- *2 Understanding Young Children's Behavior
- *3 Building Self-Esteem in the Early Years
- *4 Communicating With Young Children
- *5 Helping Young Children Learn to Cooperate
- *6 Effective Discipline
- *7 Nurturing Emotional and Social Development

STEP Systematic Training for Effective Parenting



Systematic Training for Effective Parenting (STEP) began in 1976 when Don Dinkmeyer and Gary McKay expanded a successful book, *Raising A Responsible Child*, into a book study discussion group. Since then, STEP has become the most recognized and used parent materials in North America. Parenting young children can be unusually rewarding, occasionally difficult, and always a challenge. Early Childhood STEP uses a parent handbook, DVD's, handouts, role playing and discussion groups to vividly illustrate principles and techniques and how they can be applied to babies, toddlers, and preschoolers.

Beginning Wednesday, May 16, 2018
5-6pm
For 7 weeks
\$17.00 per couple

Facilitator—Karen Pedigo, Preschool Director
Please RSVP to the church office at: 815-838-0708
Or RSVP via email: preschool@sbcglobal.net

Held at:
Shepherd of the Hill Lutheran Church
925 E. Ninth St.
Lockport, IL 60441
815-838-0708