Preparing the Soil

For week beginning on November 27

Being in relationship with God is more than just a once-a-week event. Just like any relationship, regular communication is needed. I challenge you to create a daily routine to prepare your hearts for God's word. This is something that can be done in less than 20 minutes per day. It just requires a time and place of quiet (before the day begins or after the day has ended or even on the train coming home from work).

Instructions: - Monday through Saturday follow each step. Don't forget that the Bible is not a newspaper – it is God's word. Reading the same psalm for six days gives God a chance to speak to you with the same words but in six different days (and, potentially, six different circumstances).

I. Invocation (Pray this each day):

Stir up your power, Lord Christ, to prepare the way of your only Son. By his coming, strengthen us to serve you with purified lives; through Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.

II. Psalm 85 (Read this each day):

III. Daily Scripture Readings

MondayIsaiah 11:1-10TuesdayIsaiah 40:1-5WednesdayIsaiah 40:6-11ThursdayMark 1:1-8FridayMatthew 3:1-12SaturdayLuke 3:1-20

IV. Prayers

Monday For those in need of healing from *Yellow Pages*

Tuesday For those serving in military and vets

Wednesday For our shut-ins and caregivers and families in grief

Thursday For our leaders in government and church

Friday For family members and neighbors

Saturday For yourself

V. Reflection Silent and/or written

VI: Hymn: *Come, Thou Long-Expected Jesus* ELW 254 (Sing each day): (For music, type "Come, Thou Long-Expected Jesus" in your search engine.) One example is: https://www.youtube.com/watch?v=K51_ARWrdPQ

- 1. Come, thou long expected Jesus, born to set thy people free; from our fears and sins release us, let us find our rest in thee.

 Israel's strength and consolation, hope of all the earth thou art; dear desire of every nation, joy of every longing heart.
- 2. Born thy people to deliver, born a child and yet a King, born to reign in us forever, now thy gracious kingdom bring. By thine own eternal spirit rule in all our hearts alone; by thine all sufficient merit, raise us to thy glorious throne.

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VII: Benediction (Spoken each day):

You have been reminded that Jesus Christ is your Lord and that you are God's servant. You are loved; you are forgiven; you are empowered; and now you are sent to live as God's faithful one. Amen.

The general idea and often the words of the benediction are taken from: *A Guide to Prayer* by Rueben Job and Norman Shawchuck, (The Upper Room: Nashville, 1983).